

GEORGE M GROW JR



# THE HABITUS

Lifestyle

POWER AND SECRETS OF ELEGANCE



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## KEY TO SUCCESS

What is the meaning of success? Countless guidebooks have been pursuing this puzzle since time immemorial.

In essence, anyone who thinks they are successful could write a guide to success. Too often overlooked is that the touchstone of success cannot exclusively be the dominant social model: money gives us some freedom and can open up creative possibilities, why it can be important before and a part, but certainly not the only ingredient of success.

And so there may be a whole list of ingredients of success which make many kinds of wealth possible, but, at the same time, interfere with each other.

In his quest to resolve the question of success, the author follows another path and, as it seems, comes to a far-reaching conclusion which doesn't lie at but rather behind the phenomena.

The Habitus offers you a universal key that can open doors and gates of which you thought they would never open to you.

**Don't miss the next volume!**

The Books of Life®

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# Reading sample, page 11

## Elegance and fate

If it is true that people have, in addition to their cultural or secondary drive, a psychological or primary drive, then we have to assume that we possess a sort of inner compass. From the wealth of possibilities that we constantly encounter, this being chooses only certain moments which then determine our fate.

The fate of *Homo faber* and that of *Homo sapiens*, the wise, elegant personality, are principally different.

If we maintain that people of all cultures, walks of life and eras seek to find, develop and manifest their personal elegance, then the difficult question arises whether or not this “natural predisposition” of our personalities plays a decisive role in all events that occur in our surroundings, and whether this inner destiny, which, along with our personal destiny (since we all more or less share it), opens us up to those very possibilities in whose realms we not only find our unity and sense of expression, but also achieve great success, since elegance determines our destiny, something everyone (secretly) pursues and seeks to fulfill in their own way.

After all that we have learned, the external workings of fate must encounter a disposition within the person with which they resonate in order to take effect.

We have also established that all of the events that take place in our immediate surroundings and do not encounter a receptive state of being (elegance), simply glance off us without leaving trace. We are simply immune to a certain extent to things that are highly effective in and of themselves.

Our path leads us with an invisible certainty past millions of possibilities without even noticing the opportunity to redirect itself towards a new destiny. If I want to take my fate into my own hands, or rather, if I wish to alter my destiny, I have to change myself accordingly. And the way in which I change myself becomes part of my (new) fate.

It is clear that our HABITUS cannot provide us with the full range of life-changing events, but nonetheless offers us the most valuable ones that manifest themselves to us because of their relevance, namely those moments that all people seek and long for, since – as we mentioned – everything exists for a reason, especially those things which we have, are, and want. In other words: just as our eyes, ears, hunger pangs, laughter, pain, joy, envy, hate and longing are all there for a good reason, Habitus is there for us all and for a good reason. Let us conscientiously learn the lesson: that nature (in exchange for something better) only takes that which has no (more) meaning, then our Habitus (our drive towards elegance) is the key and compass leading us to a better fate and a better

life.

Like the baby turtle whose egg hatches from the warmth of the sun and instinctively finds its way to the ocean without ever having seen it, my HABITUS harbors the path to a better fate.

In this respect, one's fortune (or fortuitous fate) is no unique or random event. It is that portion of happiness that one shares because it is relevant in the sense that it approaches us from the totality.

Good fortune is like the warming rays of sun that shine upon us through a break in a cloudy sky. It is always present, but we are rarely aware of it as we lose ourselves in other fates, which have little effect on us, produce no significant outcome and reveal little.

If good fortune suddenly dawns on me, I am, as my instrument of observation, open for the totality. From the totality often arise beautiful and meaningful mental connections and results that confirm themselves through elegance or general applicability.

*The totality* means that I am prepared to see everything, even things that are unpleasant, threatening and unforeseeable, that I am conscious and aware with my entire being (I know who I am, how I function as an instrument of observation, that I sometimes deceive myself, etc.), that my perception stops at nothing and is not intimidated, irritated or dis-

tracted by anything, that I can and must correct the distortions that arise through perception.

The totality and insight are like mother and child.

Basically, everything is interconnected. One need only find a point of access, an entry/way. Within the Habitus, passengers on the ship of life become their own captain.

End of the reading sample

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## THE HABITUS

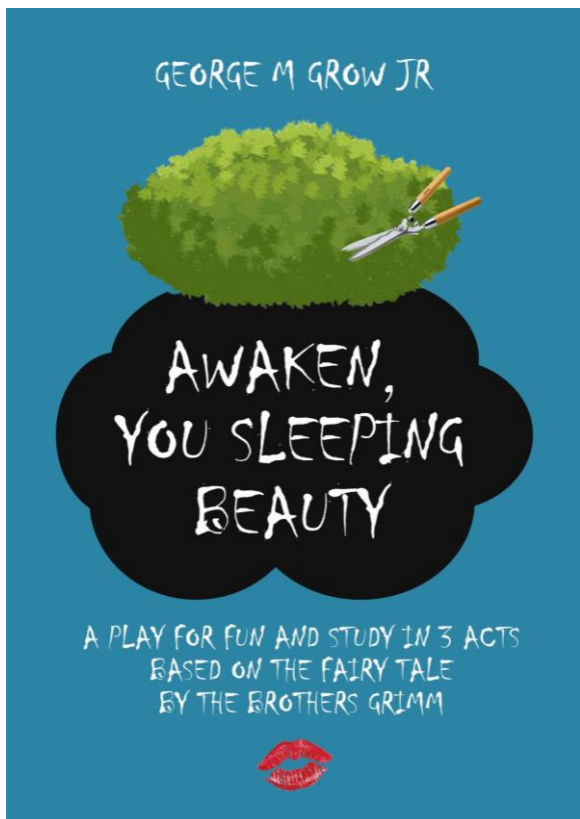
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Preview



## THERE'S STILL ONE SEAT LEFT

What if we all, like the enchanted princess, are in a deep sleep right now? Can this bold claim be corroborated? If so, all the elements which appear in the fairy tale must play a central role in our lives: the castle, the spinning wheel, the spindle, the needle, the hundred-year sleep, the hedge of thorns, the prince, the kiss and the wise women. And who is the 13th Wise Woman who puts Snow White under a sleeping spell, a witch or a fairy, anyway? And why does the whole royal court fall into slumber in company with the girl?

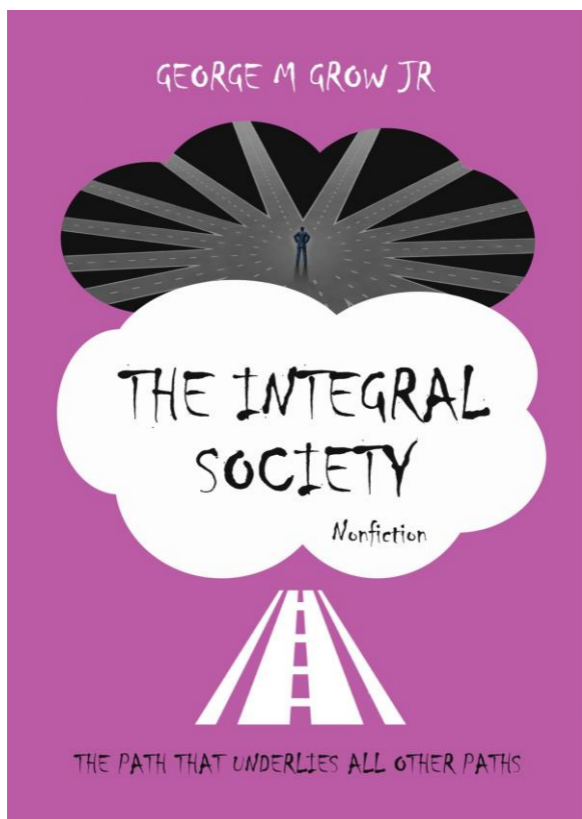
To clarify these questions once and for all, an illustrious society from all over the world comes together in Nob Hill, San Francisco, to the salon of Madame Stadnikow - a dazzling diva of bygone days - and, as it seems, discover the eternal secrets of life.

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